

	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
ORANGE JUICE & MILK											
Simply Orange Orange Juice (11.5 fl oz)	160	0	0	0	0	0	0	37	0	33	2
1% Low Fat Milk (8 fl oz)	110	20	2.5	1.5	0	15	130	13	0	12	9
1% Low Fat Chocolate Milk (8 fl oz)	160	25	2.5	1.5	0	10	220	27	0	25	8
COFFEE & TEA											
Small Coffee (12 fl oz)	5	0	0	0	0	0	5	0	0	0	0
Medium Coffee (16 fl oz)	5	0	0	0	0	0	10	0	0	0	1
Large Coffee (20 fl oz)	5	0	0	0	0	0	10	0	0	0	1
Small Decaf Coffee (12 fl oz)	0	0	0	0	0	0	5	0	0	0	0
Medium Decaf Coffee (16 fl oz)	0	0	0	0	0	0	10	0	0	0	0
Large Decaf Coffee (20 fl oz)	0	0	0	0	0	0	10	0	0	0	1
Kid's Unsweet Tea (16 fl oz)	5	0	0	0	0	0	15	1	0	0	0
Small Unsweet Tea (20 fl oz)	5	0	0	0	0	0	20	2	0	0	0
Medium Unsweet Tea (32 fl oz)	10	0	0	0	0	0	30	3	0	0	0
Large Unsweet Tea (44 fl oz)	15	0	0	0	0	0	40	4	0	0	0
Kid's Sweet Tea (16 fl oz)	220	0	0	0	0	0	15	58	0	56	0
Small Sweet Tea (20 fl oz)	280	0	0	0	0	0	15	72	0	70	0
Medium Sweet Tea (32 fl oz)	440	0	0	0	0	0	25	115	0	113	0
Large Sweet Tea (44 fl oz)	610	0	0	0	0	0	35	158	0	155	0
DESSERTS											
Hot Apple Pie	270	120	14	5	0	0	260	34	2	7	3
Hot Lemon Pie	320	140	16	5	0	0	230	41	3	12	4
Fruit Chews	80	0	0	0	0	0	20	19	0	11	1
Cinnamon Roll (single)	580	140	16	9	0	10	1330	103	2	59	8
Chocolate Chunk Cookie	230	100	11	6	0	15	190	32	1	18	2
Sugar Cookie	230	90	10	5	0	15	210	34	0	17	3
SHAKES & MALTS											
Small Chocolate Shake (16 fl oz)	440	100	11	6	0	30	390	80	0	78	10
Medium Chocolate Shake (20 fl oz)	560	130	14	8	0	40	490	102	0	100	13
Large Chocolate Shake (32 fl oz)	890	200	23	13	0	65	790	159	0	159	20
Small Chocolate Malt (16 fl oz)	460	100	11	6	0	30	390	85	1	83	10
Medium Chocolate Malt (20 fl oz)	590	120	13	8	0	35	490	110	2	107	12
Large Chocolate Malt (32 fl oz)	920	200	22	12	0	60	780	170	2	166	19
Small Strawberry Shake (16 fl oz)	450	100	11	6	0	30	370	80	0	80	9
Medium Strawberry Shake (20 fl oz)	560	120	14	8	0	40	460	103	0	103	12
Large Strawberry Shake (32 fl oz)	890	200	22	13	0	65	750	160	0	160	19
Small Strawberry Malt (16 fl oz)	460	90	11	6	0	30	370	85	0	85	9
Medium Strawberry Malt (20 fl oz)	590	120	13	7	0	35	460	111	0	110	11
Large Strawberry Malt (32 fl oz)	920	190	21	12	0	60	740	171	0	170	18
Small Vanilla Shake (16 fl oz)	410	110	12	7	0	35	390	69	0	69	10
Medium Vanilla Shake (20 fl oz)	510	135	15	9	0	45	490	86	0	86	13
Large Vanilla Shake (32 fl oz)	820	220	24	14	0	70	790	137	0	137	21
Small Vanilla Malt (16 fl oz)	430	110	12	7	0	35	390	74	0	74	10
Medium Vanilla Malt (20 fl oz)	540	130	14	8	0	40	490	94	0	93	12
Large Vanilla Malt (32 fl oz)	860	210	23	13	0	65	780	148	0	147	20
Small Dr Pepper Shake [†] (16 fl oz)	430	100	11	6	0	30	370	78	0	78	9
Medium Dr Pepper Shake [†] (20 fl oz)	550	120	14	8	0	40	460	100	0	99	12
Large Dr Pepper Shake [†] (32 fl oz)	870	200	22	13	0	65	740	157	1	155	19
SOFT DRINKS											
Kid's Coca-Cola Classic (16 fl oz)	200	0	0	0	0	0	55	54	0	54	0
Small Coca-Cola Classic (20 fl oz)	250	0	0	0	0	0	65	67	0	67	0
Medium Coca-Cola Classic (32 fl oz)	390	0	0	0	0	0	105	107	0	107	0
Large Coca-Cola Classic (44 fl oz)	540	0	0	0	0	0	150	147	0	147	0
Kid's Diet Coke (16 fl oz)	0	0	0	0	0	0	65	0	0	0	0
Small Diet Coke (20 fl oz)	0	0	0	0	0	0	80	<1	0	0	0
Medium Diet Coke (32 fl oz)	0	0	0	0	0	0	130	<1	0	0	0
Large Diet Coke (44 fl oz)	0	0	0	0	0	0	180	1	0	0	0
Kid's Coke Zero™ (16 fl oz)	0	0	0	0	0	0	55	0	0	0	0
Small Coke Zero™ (20 fl oz)	0	0	0	0	0	0	65	0	0	0	0
Medium Coke Zero™ (32 fl oz)	0	0	0	0	0	0	105	0	0	0	0
Large Coke Zero™ (44 fl oz)	0	0	0	0	0	0	150	<1	0	0	0

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SOFT DRINKS (CONTINUED)											
Kid's Caffeine Free Diet Coke (16 fl oz)	0	0	0	0	0	0	65	0	0	0	0
Small Caffeine Free Diet Coke (20 fl oz)	0	0	0	0	0	0	80	0	0	0	0
Medium Caffeine Free Diet Coke (32 fl oz)	0	0	0	0	0	0	130	<1	0	0	0
Large Caffeine Free Diet Coke (44 fl oz)	0	0	0	0	0	0	180	<1	0	0	0
Kid's Cherry Coke (16 fl oz)	210	0	0	0	0	0	55	56	0	56	0
Small Cherry Coke (20 fl oz)	260	0	0	0	0	0	70	70	0	70	0
Medium Cherry Coke (32 fl oz)	410	0	0	0	0	0	110	112	0	112	0
Large Cherry Coke (44 fl oz)	560	0	0	0	0	0	150	154	0	154	0
Kid's Sprite (16 fl oz)	180	0	0	0	0	0	95	50	0	50	0
Small Sprite (20 fl oz)	230	0	0	0	0	0	120	62	0	62	0
Medium Sprite (32 fl oz)	370	0	0	0	0	0	190	99	0	99	0
Large Sprite (44 fl oz)	510	0	0	0	0	0	260	137	0	137	0
Kid's Dr Pepper (16 fl oz)	190	0	0	0	0	0	20	52	0	51	0
Small Dr Pepper (20 fl oz)	240	0	0	0	0	0	25	65	0	64	0
Medium Dr Pepper (32 fl oz)	380	0	0	0	0	0	40	104	0	102	0
Large Dr Pepper (44 fl oz)	530	0	0	0	0	0	60	143	0	140	0
Kid's Diet Dr Pepper (16 fl oz)	0	0	0	0	0	0	55	0	0	0	0
Small Diet Dr Pepper (20 fl oz)	0	0	0	0	0	0	65	0	0	0	0
Medium Diet Dr Pepper (32 fl oz)	0	0	0	0	0	0	110	1	0	0	0
Large Diet Dr Pepper (44 fl oz)	5	0	0	0	0	0	150	1	0	0	0
Kid's Barq's Root Beer (16 fl oz)	210	0	0	0	0	0	70	58	0	58	0
Small Barq's Root Beer (20 fl oz)	270	0	0	0	0	0	90	73	0	73	0
Medium Barq's Root Beer (32 fl oz)	430	0	0	0	0	0	140	116	0	116	0
Large Barq's Root Beer (44 fl oz)	590	0	0	0	0	0	190	160	0	160	0
Kid's Minute Maid Light Lemonade (16 fl oz)	10	0	0	0	0	0	55	3	0	0	0
Small Minute Maid Light Lemonade (20 fl oz)	10	0	0	0	0	0	70	3	0	0	0
Medium Minute Maid Light Lemonade (32 fl oz)	15	0	0	0	0	0	115	5	0	0	0
Large Minute Maid Light Lemonade (44 fl oz)	25	0	0	0	0	0	160	7	0	0	0
Kid's POWERADE Mountain Blast (16 fl oz)	110	0	0	0	0	0	150	29	0	29	0
Small POWERADE Mountain Blast (20 fl oz)	140	0	0	0	0	0	190	37	0	36	0
Medium POWERADE Mountain Blast (32 fl oz)	220	0	0	0	0	0	300	58	0	58	0
Large POWERADE Mountain Blast (44 fl oz)	310	0	0	0	0	0	410	80	0	80	0
Kid's POWERADE Fruit Punch (16 fl oz)	110	0	0	0	0	0	150	30	0	28	0
Small POWERADE Fruit Punch (20 fl oz)	130	0	0	0	0	0	190	37	0	36	0
Medium POWERADE Fruit Punch (32 fl oz)	220	0	0	0	0	0	310	59	0	57	0
Large POWERADE Fruit Punch (44 fl oz)	300	0	0	0	0	0	420	82	0	78	0
Kid's Hi-C Orange Lavaburst (16 fl oz)	220	0	0	0	0	0	55	58	0	57	0
Small Hi-C Orange Lavaburst (20 fl oz)	280	0	0	0	0	0	65	73	0	71	0
Medium Hi-C Orange Lavaburst (32 fl oz)	440	0	0	0	0	0	105	116	0	113	0
Large Hi-C Orange Lavaburst (44 fl oz)	610	0	0	0	0	0	150	160	0	156	0
Kid's Hi-C Poppin' Pink Lemonade (16 fl oz)	190	0	0	0	0	0	130	50	0	48	0
Small Hi-C Poppin' Pink Lemonade (20 fl oz)	240	0	0	0	0	0	160	63	0	60	0
Medium Hi-C Poppin' Pink Lemonade (32 fl oz)	380	0	0	0	0	0	260	100	0	96	0
Large Hi-C Poppin' Pink Lemonade (44 fl oz)	520	0	0	0	0	0	350	138	0	132	0
Kid's Fanta Orange (16 fl oz)	200	0	0	0	0	0	55	54	0	53	0
Small Fanta Orange (20 fl oz)	250	0	0	0	0	0	65	67	0	66	0
Medium Fanta Orange (32 fl oz)	390	0	0	0	0	0	105	108	0	106	0
Large Fanta Orange (44 fl oz)	540	0	0	0	0	0	150	148	0	146	0
Kid's Fanta Strawberry (16 fl oz)	220	0	0	0	0	0	55	59	0	59	0
Small Fanta Strawberry (20 fl oz)	270	0	0	0	0	0	70	74	0	73	0
Medium Fanta Strawberry (32 fl oz)	430	0	0	0	0	0	110	118	0	117	0
Large Fanta Strawberry (44 fl oz)	600	0	0	0	0	0	150	162	0	161	0
Kid's Mello Yello (16 fl oz)	220	0	0	0	0	0	65	58	0	58	0
Small Mello Yello (20 fl oz)	270	0	0	0	0	0	85	73	0	73	0
Medium Mello Yello (32 fl oz)	440	0	0	0	0	0	135	116	0	116	0
Large Mello Yello (44 fl oz)	600	0	0	0	0	0	190	160			